



Physical Education at Harvills Hawthorn

Intention

At Harvills Hawthorn Primary School, we are passionate about PE. We believe that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical, emotional development and health.

We understand that all the skills children learn in PE impact positively on the child as a whole, inside and outside the classroom. In PE, our children learn that through hard work, determination and resilience, you can achieve your goals. We aim to offer high quality teaching and learning, where children will experience a wide variety of physical activities, both in and out of school.

At Harvills, we unlock success by catering for all children, no matter their background or ability. All adults and children strive for achievement. Our aim is for our children to be competent and confident movers in a wide range of activities and games, including swimming. We aim to give children the opportunity to move with technique and control in competitive situations, developing tactical thinking.

We want them to be able to communicate, collaborate and evaluate their successes or losses, so they understand how to improve. Winning and losing is an important life lesson to learn. We also aim for our children to be expressive and creative through dance.

In PE, we inspire values and life skills such as: team work, cooperation, communication, problem solving, respect, leadership skills, fairness and resilience. It is our aim to inspire and promote good, healthy life choices, as we want our children to enjoy being active now and in the future. It is essential that they understand the importance of being active in their life in order to maintain a healthy body and mind.

Our ultimate aim is to give our children the skills and tools to lead a happy, healthy and successful life.

Implementation

At Harvills Hawthorn Primary School, we pride ourselves on the consistent approach to teaching and learning that can be observed across all phases of school. This is achieved through our commitment to cutting edge, research-based CPD in addition to quality-first teaching on a daily basis. Expectations of staff and pupils are high, resulting in good or outstanding progress in all phases. There is a universal understanding of what great teaching, learning and assessment should entail. These strategies are consistently used throughout school and it is the expectation of leadership that all lessons will include a variety of these to enable learners to reach



their full potential. Active learning is essential in all aspects of the lesson. All staff use the same terminology so that learners develop a knowledge and understanding of the different ways they learn.

At Harvills, we believe great teaching, learning and assessment must include the following:

- Understanding the Content
- Creating a Supportive Environment
- Maximising Opportunities to Learn
- Activating Hard Thinking (building ratio)

Each lesson begins with 'Rapid Retrieval' designed to improve children's retrieval skills. The purpose of this is to revisit prior learning in order to improve long term memory. Teachers ensure that Rapid Retrieval includes both recent learning and learning from previous topics.

We are working hard to promote our pupils' English and ensure that they all achieve to the very best of their ability. Pupils are encouraged to read widely and often. English is fundamental to all subjects. Consequently, we believe that all stakeholders have a role to play in supporting and developing our pupils' English skills to ensure they can communicate effectively in today's society.

Curriculum Organisation

All children have access to 2 hours of high quality PE teaching and learning each week. In addition to this, equipment and activities are available for the children at dinnertime each day and are led by qualified sports coaches and lunchtime supervisors. As a school, we promote health and fitness through all areas of the curriculum and encourage children to bring healthy choices for snack and lunchtime.

All lessons throughout the school are taught as class groups. Lessons are taught by sports coaches for PPA, following the 'Complete PE' planning. Swimming lessons are always taught by a specialist swimming teacher with an accompanying lifeguard in an onsite 'pop-up pool' from Elite Swimming.

The curriculum has been organised to ensure that children in both key stages have access to all areas specified in the National Curriculum and go beyond its statutory requirements. A curriculum map is followed throughout school, which teachers and Sports Coaches use to plan lessons, meeting the needs of all our children. We are confident that children following our curriculum have the opportunity to surpass the expectations at the end of each key stage. Swimming lessons are for all children in years 4 and 6. Risk assessments must be followed at all times.



Impact

We aim for all our children to leave Harvills Hawthorn Primary School to:

- Lead a happy and healthy lifestyle
- Be competitive and successful
- Have a love for physical activity and understand its importance
- Make good healthy lifestyle choices in order to maintain a healthy mind and body.
- Work hard, aim high and be determined to never give up, even when times are tough.
- Be able to evaluate their own performance and understand how and what they need to do to improve
- Be a critical thinker and problem solver
- Be a good communicator, collaborator and team player.
- Respect and tolerate others' views, opinions and choices.
- Be creative and expressive.
- Be a good decision maker.
- Be competent and confident movers in a range of activities
- Be able to link and apply the physical, mental and emotional skills they have learnt into a variety of situations.